



I offer a friendly and reliable service with over 10 years experience and HCPC registered.

I qualified from Queen Margaret University with 2-1 honours degree and gained valuable experience working for the NHS for over 5 years then in private practice and now based in my clinic in Kilmarnock.

Routine treatment - £22.



An experienced Beauty Therapist, I began my career in 1997 and qualified with an HND in Beauty Therapy in 2000.

Following college I worked for skincare company Clarins in their beauty salon for 3 years followed by 9 years in a local luxury beauty salon before opening Essential Therapies in May 2012. I continuously attend training courses to update my skills and take great pride in delivering a professional and personal one to one service to make you look good and feel fantastic.

### Rhona Inglis

I qualified in clinical aromatherapy in 1996 and qualified as a CACI therapist in 1997. I have been running my successful business since 1998. I enjoy all aspects of my work and gain great satisfaction in improving my clients health.

Aromatherapy back, shoulder neck and scalp massage - £24.00

Aromatherapy full body massage - £32.00

CACI facial treatment - £35.00

CACI trial - £18.00

CACI sinus treatment - £20.00

### Essential Therapies

23 John Dickie Street, Kilmarnock KA1 2AP

01563 525207

[essentialtherapieskilmarnock.co.uk](http://essentialtherapieskilmarnock.co.uk)



## TREATMENT LIST



## WAXING

I use only the highest quality warm and hot wax and have been highly trained in intimate waxing by the best in the industry "The Waxing Queen" Kim Lawless.

*Please ensure you have at least 3 weeks growth from shaving and at least 4 weeks growth from waxing.*

- Full Leg - £20.00
- ¾ Leg - £16.00
- ½ Leg - £14.00
- Full Leg & Basic Bikini - £26.00
- Underarm - £7.50
- Forearm - £12.00
- Eyebrows - £7.50
- Lip - £5.00
- Chin - £5.00
- Lip & Chin - £8.50
- Lip, Chin & Brows - £13.00

## INTIMATE WAXING

- Basic Bikini (Crease of leg) - £9.50
- High Bikini (Further in and across the top) - £12.00
- G-string (No hair showing when wearing a G-string) - £16.00
- Brazilian (All hair removed from back and front with a landing strip left) - £26.00
- Hollywood (All hair removed) - £27.00

## BEAUTY TREATMENTS

### Hand & Foot Treatments

- Manicure (includes hand & arm massage) - £19.00
- Pedicure (includes foot & lower leg massage) - £24.00
- File & Polish (hands or feet) - £13.50
- Gel Manicure - £24.00
- Gel Toes - £18.00
- Gel Hands and Toes - £36.00.
- Gel Removal with Mini Manicure (includes file and nail treatment) - £12.00.
- Complimentary removal if Gel reapplied

### Eye treatments

All tinting and lash lifts require a patch test 48 hours prior to treatment

- Eyelash Tint - £10.00
- Eyebrow Tint - £5.00
- Eyelash & Eyebrow Tint - £13.50 Add Eyebrow Wax - £18.00

## ESSENTIAL THERAPIES

A massage is a great way of easing aching muscles and relieving the stresses of your busy life. Help ease muscular tension, back pain, stress and postural problems.

- Back, Neck & Shoulder - £22.00
- Back, Neck, Shoulder, Decollete & Scalp - £26.50
- Full Body - £34.00

### De-Stress Massage

Using long, soothing, relaxing moves to de-stress and create a feeling of calm & well-being.

- Back, Neck & Shoulder - £22.00
- Back, Neck, Shoulder, Decollete & Scalp - £26.50
- Full Body £34.00

### Hot Stone Massage

A luxury massage using warm basalt stones to penetrate deeper into the muscle to relax.

- Back, Neck & Shoulder - £25.00
- Full Body - £37.00

### Thai Foot Massage

Massage of the lower leg & foot which incorporates reflex points to balance & relax. - £25.00

### Reflexology

This relaxing therapy helps to balance the body, relieve stress and boost the body's healing systems. - £26.00

## EVE TAYLOR FACIALS

Eve Taylor skin care products are based on essential oil blends and are exclusive to salons and spas giving you a wonderful tailor made experiences and a relaxing boost for all skin types.

### Mini Facial - £18.50

Be introduced to Eve Taylor and a quick pick me up. Includes a scalp & hand massage.

### Essential Facial - £29.50

A prescriptive facial tailored to your current skin condition to achieve the best skin possible. Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic oils and luxurious facial masques. Skin is left replenished, hydrated and protected.

### Intensive Facial - £36.00

Taking skin care one step further this treatment uses intensive exfoliants to resurface the skin leaving it smooth and soft. Using aromatic essential oil blends, powerful targeted serums and speciality masques customised to achieve intensive results, this treatment will leave your skin glowing.

### De-Stress Facial - £36.00

The ultimate relaxing Eve Taylor experience. This facial will relax and de-stress while treating your skin at the same time. Cleanse, exfoliate, masque, massage and nourish and finish with a soothing back, neck and shoulder massage.

